

Area Partnership FYI!

Fa'side Area Partnership Annual Public Meeting

Tuesday 13 September 2016, 7 til 9pm
Ross High School, Tranent

Coming Soon! Please watch out for our flyer and more information about the meeting in the coming weeks.

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**Do you have passion, drive and determination?
Want to make a real impact on the lives of local
people? Interested in Sport and Physical Activity?**

Your Community Sport Hub is looking for a highly skilled and motivated Chairperson to shape the future of community sport in your area. You will lead a formalised group of likeminded club leaders to improve participation in sport, improve the quality of coaching we provide and help create Vibrant, Visual and Viable Community Clubs. This is an unpaid role however you will be rewarded in the knowledge you are making a big difference to the lives of local people and keeping our communities active and healthy.

For more information and to note your interest please email bbarsanti@eastlothian.gov.uk

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Friends of Musselburgh Links

The Friends of Musselburgh links are holding their next meeting on **Wednesday 31 August 2016 at 7pm** in the Musselburgh East Community Learning Centre.

There will be a guest speaker: Dave Allen who is an expert on the birdlife of the Levenhall Lagoons.

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Submission deadline - 5.00pm Thursday

Tel: 01620 827871 / Email: areapartnership@eastlothian.gov.uk / @EastLothianAP
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east lothian tenants and residents panel

Annual Conference 2016

Wednesday 14th September, 6.30-8.30pm
at Port Seton Community Centre

**Cllr Norman Hampshire will launch the 2016+ Tenant
Participation Strategy**

East Lothian Council, working with ELTRP, aims to make tenant participation accessible and inclusive to all tenants. We promote participation, develop scrutiny and empower tenants. *Are we achieving our aims?*
Come along, give us your feedback, hear about the new strategy and find out what our tenants groups have been doing this past year.

Presentations from:

- Muirpark & Steading View TRA – the 'APOGI' project
- Wingate TRA – 'Helping Hands'

Refreshments and buffet available!

Book your place now, contact the ELTRP office -

T: 0131 665 9304

E: tenantspanel@hotmail.com

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Mental Health in Scotland A 10 year vision

Health Scotland and Young Scot are hosting 4 half day interactive engagement events across Scotland to gather views and help with your own responses to the Scottish Government's 10 year vision to transform mental health. These events will be of interest to young people and adults with lived experience, their carers as well as those commissioning and providing services. Please circulate this information across your own networks as it is important that views and comments are heard through these and other locally organised events.

Details of the dates and locations of these events are set out in the attached flyer – to register, go to:

<https://mentalhealthstrategyevents.eventbrite.co.uk>

Details of the consultation can be found here:

<https://consult.scotland.gov.uk/mental-health-unit/mental-health-in-scotland-a-10-year-vision>

'Paths in the Fa'side Area' Leaflet Launch

Fa'side Area Partnership and their active travel sub group are launching 'Paths in the Fa'side Area' leaflet to raise awareness of core paths in the area and encourage residents and visitors to use them for walking, cycling, running, horse riding and exploring their local area.

The leaflets show all the core paths in the Fa'side area, as well as details of the core paths around each community, including Tranent, Elphinstone, Pencaitland, Macmerry and Ormiston, to encourage people of all abilities to get out and about on foot, by bicycle or on horse-back.

The leaflets are available from local libraries, and can be downloaded from Fa'side Area Partnership's website at:

www.eastlothian.gov.uk/info/200526/faside/1760/faside_area_partnership/4

Fa'side Active Travel group is also undertaking a core paths audit this autumn, led by East Lothian Countryside Ranger Service and supported by local people, to obtain baseline information on the condition of Fa'side path network, allowing them to prioritise actions needed to improve the paths. The audit will involve the whole community, including local school children, the local youth centre Recharge, members of the Walk With Scott group, East Lothian Volunteer Path Wardens, and Macmerry and Gladsmuir Action group.

To read more about the leaflet launch or project please follow the attached link:

http://www.eastlothian.gov.uk/news/article/2256/new_paths_leaflet_for_faside_area

Fa'side active travel group obtained funding from the Scottish Government's Smarter Choices, Smarter Places fund 2015/16, as part of East Lothian Council's 'East Lothian On The Move' project, and from Fa'side Area Partnership, to fund the paths leaflet and audit.

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As you may know, the current term of office for East Lothian Community Councils is coming to an end in the next few

weeks. I would like to take this opportunity to publicly thank every Community Councillor for the service they have given over the last four years. These volunteers have worked hard for their communities in many different ways, from organising or helping to run community events, to representing local interests to East Lothian Council and other public and private bodies, as well as continuing to work closely with their partners in the Area Partnerships.

Elections for this our most local level of democracy, are scheduled for this October and East Lothian Council will shortly be issuing details of how to get involved. In the past, most of our Community Councillors have been appointed unopposed as there have been insufficient nominations. I wish to be clear that this is no reflection on those who have put themselves forward, we should all be grateful that they did, however, more candidates than positions will trigger local elections. This benefits us all as it raises awareness of what Community Councils do, increases community involvement and ownership, and strengthens the mandate for each Community Council with increased confidence that they reflect local opinion.

Nominations for this coming term will open on August 29th. Whether you are an existing Community Councillor, or just someone who has an interest in their local area and its future (and who doesn't), I would encourage you to stand for election. You need no special qualifications, apart from an open mind and a genuine wish to make a positive difference in your community. It does require making a commitment but it can be an incredibly rewarding experience, one that I heartily recommend.

Again, my thanks to those who have decided against standing for re-election, my best wishes to you. To those returning and new colleagues who are successfully elected to their Community Councils in October, the Association of East Lothian Community Councils extends a very warm welcome.

Hilary Smith, Chair
Association of East Lothian Community Councils

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Just a reminder!

Support from the Start - Ten Key Steps

Following on from our conference on the First Thousand Days earlier this year we are looking to consult on a document called 'Ten key steps'. We want your view on the key steps and have made a very simple survey monkey with three questions which can be completed in a few minutes at the following link -
<https://www.surveymonkey.co.uk/r/eastlohtensteps>

The deadline for completion is 31st August.

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Have your say on Play in East Lothian!

We want to find out what you think about opportunities to play in East Lothian. Our survey is for adults and children and is open from **August 3rd until 30th September 2016**. We'll use your responses to help us develop our Play Policy for East Lothian.

https://eastlothianconsultations.co.uk/education/play-strategy-draft/consult_view

We look forward to hearing your views. Please share this survey with others too!

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Weaning

Find out more information about introducing your baby to solid foods:

**Menu Planning; Weaning Stages; Recipe Ideas;
Finger Foods, Snack Ideas; Allergy Information;
Portion Sizes**

Sessions delivered by community nutritionist Ruth Davie at the Pennypit Centre, Prestonpans

Tuesday, 6 September 2016 – 10.30 til 11.30
Tuesday, 4 October 2016 – 10.30 til 11.30
Tuesday, 1 November 2016 – 10.30 til 11.30
Tuesday, 6 December 2016 – 10.30 til 11.30

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East Lothian Community Hospital Project Update Public Events

9 September 2016, 1.00 - 2.30pm
Town House, Haddington

15 September 2016, 5.00 - 6.30pm
Town House, Haddington

Construction could start on the new hospital as early as Autumn 2016 and you are invited to join us to hear about the proposed schedule of building works. Your views have been key in the development to date and we are keen to keep you up to date and informed about current progress.

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Dementia Friendly North Berwick

Helping people with dementia to live well
in our town

Saturday 10th September 11am – 1pm
High Street, North Berwick

(between St Andrew Blackadder Church and the Cancer charity shop)



Alzheimer Scotland information bus; street stall with balloons, bookmarks and car stickers to give away;
People to talk to about how to help those with Dementia and their carers live well in our community

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Dads2b East Lothian



If you are an expectant father you are invited to attend a 'dads-to-be' course hosted at First Step Community Project, 37 Galt Avenue, Musselburgh, EH21 8HU.

For more information or to book contact
dadswork@hotmail.co.uk
andrea.hewitt@nhslothian.scot.nhs.uk



DUNBAR:

Dementia Hub – Carers Group meets at 6pm every Thursday, Dunbar Library

Singalong! – music and afternoon tea for people with dementia and carers. The Gibb Room, Bleachingfield Centre, every Tuesday 1pm

www.facebook.com/dementiafriendlydunbar/

NORTH BERWICK:

DF North Berwick meets the first Tuesday of the month, 2pm at the Hope Rooms. Everyone Welcome!

sue@dfel.org.uk

Tea Dance – at the Hope Rooms, last Wednesday of the month, 2pm. Small charge applicable

HADDINGTON:

Good Memories Cafe meets last Friday of the month at 2pm, the Star Room, John Gray Centre

www.johngraycentre.org/2015/02/17/good-memories-happy-afternoon-cafe-people-dementia/

TRANENT:

Contact Dementia Friendly Tranent

www.facebook.com/Dementia-Friendly-Tranent-1676565895946403/

MUSSELBURGH:

Dementia Cafe Musselburgh (Alzheimer's Scotland) meets on the first Wednesday of every month from 11am to 2pm (lunch is available at 12.45pm, £4). A **Carer Support group** is available from 11.45am to 12.45pm which includes support for people with dementia.

www.alzscot.org/services_and_support/search/2409_d-caf_musselburgh

Dementia Friendly Musselburgh meets monthly after the cafe at 2.15pm.

Lets Sing! – singing group for people with dementia and carers 11am every Tuesday at the Brunton Theatre. **From 6 Sept at the Fisherrow Community Centre.** Contact: jan.killeen@btinternet.com

There are also many events and activities across East Lothian where people with dementia are welcomed. Please see the DFEL website for information - www.dfel.org.uk

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OPEN MEETINGS – ALL WELCOME!

Dunbar & East Linton

5 September 2016, 7pm Bleachingfield Centre,
Dunbar
14 November 2016, 7pm Bleachingfield Centre,
Dunbar

Sub Groups

Web/Events Database - Next meeting TBC

Children & Young People – Next meeting TBC

Fa'side

13 September 2016, 7pm Ross High School Annual Meeting

8 November 2016, 7pm Venue tbc

Sub Groups

Active Travel - Next meeting TBC

Haddington & Lammermuir

22 September 2016, 7pm Town House Haddington
21 November 2016, 7pm Town House Haddington

Sub Groups

Haddington Town Centre

Monday 26th September at 6.30pm in Fletcher Room,
Town House, Haddington

Children & Young People - Next meeting TBC

Musselburgh Area

(Held in Musselburgh East Community Learning Centre)

26 September 2016, 7pm
28 November 2016, 7pm

Sub Groups

On The Move - Next meeting TBC

Communities Day - Next meeting TBC

Budgets/Priorities - Next meeting TBC

North Berwick Coastal

(Held in the Hope Rooms, NB unless otherwise stated)

30 August 2016, 7pm

4 October 2016, 7pm, Annual Public Meeting

1 November 2016, 7pm Venue tbc

Sub Groups

Communications - Next meeting TBC

On the Move – Next meeting TBC

Older People's Network

22 Sept, 2pm, North Berwick Community Centre

NB Area Children & Youth Network

5 Sept, 5pm Annual Meeting, Hope Rooms, NB

6 Oct, 4.15pm, NB High School

Preston Seton Gosford

(Held in the Pennypit Centre, Prestonpans)

21 September 2016, 7pm
16 November 2016, 7pm

Sub Groups

Communications - Next meeting TBC

On the Move - Next meeting TBC

Children & Youth Network

22 September, 4.15pm Preston Lodge

27 October, 4.15pm Preston Lodge

24 November, 4.15pm Preston Lodge

East Lothian Partnership

Want to know what's going on across ELP? Visit

<http://www.eastlothian.gov.uk/elpnews>

Or email fdawson@eastlothian.gov.uk to subscribe

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