

Area Partnership FYI!

North Berwick Coastal Area Partnership Older People's Network

Open Meeting: 22 September 2016
2pm in North Berwick Community Centre

Communities Taking Action: How a community development trust makes things happen

Paul Harrington from the Helmsdale and District Development Trust (HDDT) will be speaking about how the HDDT has helped them to take forward their community priorities.

HDDT began life 4 years ago as a group of local residents united by the trend of decline that ate away at the area's resources. They developed a community plan and set up a Development Trust to put their plan into action. They are now a legally constituted development trust with charitable status. The Trust has built community owned affordable housing and is working on issues like youth migration, third sector reliance and economic development.

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Family Munch and Crunch



Preston Seton & Gosford Support from the Start group invites you to 'munch and crunch' ideas on what makes a difference for parents and children in your community.

Tuesday 27th September
6pm – 7.30pm, Prestonpans Infants School

Join us for a sandwich tea at 6pm in Prestonpans Infants. There will be a play session for children to allow parents to take crunch ideas in one or more of the discussion groups.

1. How does poverty impact on parents and children in our community and what can be done to help?
2. What makes a difference for children 3 and under in our community?
3. What makes a difference for four to eight year olds in our community?
4. What makes a difference to children's health & wellbeing in our community?
5. What makes a difference for parents in our community?

All welcome - Your view counts

This is open to all families of young children (under 8yrs) in the Preston Seton Gosford ward

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Friends of Cuthill Park Tesco Bags of Help - Please vote for us!

We are delighted that our project, the creation of a 'Woodland Learning Zone', will receive funding from the Tesco 'Bags of Help' scheme!

The purpose of the Woodland Learning Zone is to facilitate natural play and learning in a woodland setting. We will be working with the East Lothian Council Ranger Service to ensure the area is as wildlife friendly as possible.

The public will now vote in store from **26 September to 9 October** on who should receive the £12,000, £10,000 and £8,000 awards. **How much Cuthill Park receives is up to the voters at Musselburgh Tesco!**

£8,000 worth of funding could pay for:

- **Story circle seating**
- **A Storytelling Chair**
- **Interpretation Boards**
- **Fairy Doors and Windows**

£10,000 worth of funding could also commission a bespoke **entrance way** to the Woodland Learning Zone. Can you imagine how exciting that would be for young visitors to the park?!

Submission deadline - 5.00pm Thursday

Tel: 01620 827871 / Email: areapartnership@eastlothian.gov.uk / @EastLothianAP
Area Partnership information can be found here: www.eastlothian.gov.uk/areapartnerships

£12,000 (the top award) would enable us to purchase and install a **sculpture** within the woodland area.

Volunteers have already worked hard to prepare the groundwork for this project - we are so excited that it is finally going to happen!

<http://cuthillpark.blogspot.co.uk/2014/06/work-begins-on-wildlife-area.html>

How you can help

1 - Vote!

Next time that you are in **Musselburgh Tesco**, please consider voting for the Friends of Cuthill Park's Woodland Learning Zone project!

2 - Volunteer!

The more volunteers we have, the more we can achieve, so please get in touch if you would like to be involved - friendsofcuthillpark@hotmail.com

3 - Tell others!

You can spread the word about the project by joining our Thunderclap -

<https://www.thunderclap.it/projects/46855-please-vote-for-us-at-tesco>

Thanks for your support - hope to see you in Cuthill Park soon!

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East Lothian Poverty Commission Stakeholder Event

**Thursday 6 October, 9.30 to 12.30
Brunton Theatre, Musselburgh**

This event provides an opportunity to find out more about the work of the East Lothian Poverty Commission. The Commissioners will share their findings and initial recommendations and invite stakeholders to discuss and comment on their report before they finalise it.

To book a place at this event please email povertycommission@eastlothian.gov.uk or call 01620 827134 (Please let us know if you have any specific dietary, access or other requirements to allow you to fully participate in this event)

You can follow the work of the Poverty Commission on our Facebook Page 'East Lothian Poverty Commission'.

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Just a reminder!

Natural Homes

Please join us for 3 family workshops
Saturday 17 Sept 2016, 12 to 4pm
The Backlands Garden, Dunbar

Contact North Light Arts
Tel: 01368 840471

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Raising Children with Confidence

Venue: Knox Academy (Course & Crèche)
Date: Friday mornings from 23 Sept – 11 Nov

Free course for parents and carers. Crèche available
Introduction Week on 23 Sept

Book via Angela @Home Start
Tel: 01875 616066
Email: angela@homestarteastlothian.co.uk

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GO4FUN

"A fun way to health"

Go4fun project a free weekly programme held at the Pennypit 5 Aside Complex. It is funded through cashback for communities and is a free programme of activities held during the school term. All activities are free and provide water and a healthy snack.

Contact Karman Brown for details and consent forms.
Tel: 07468 612477

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Have your say on Play in East Lothian!

We want to find out what you think about opportunities to play in East Lothian. Our survey is for adults and children and is open from **August 3rd until 30th September 2016**. We'll use your responses to help us develop our Play Policy for East Lothian.

https://eastlothianconsultations.co.uk/education/play-strategy-draft/consult_view

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Table Tennis in the Community

We have been given the opportunity by the Big Lottery to apply for up to £50,000 as part of their annual Peoples Project Scheme. This is a fantastic opportunity for us to widen the scope of what we are doing. Effectively it would enable us to do everything in our 5 year plan but in one go. This would enable us to supply equipment and coaching support to venues all over East Lothian including community centres and sheltered housing. At this stage we are looking to gather information on the venues that could accommodate regular play so that we are able to build a strong case. Are you able to ask colleagues in our Area Partnerships for feedback from their respective areas? Any help you can provide in getting the message out would be appreciated. As an example, I attended the over 60s group in Longniddry this week. They have 16 members, most I suspect over 70. They currently play on 2 tables, stopping for tea and cake mid-session. It was great with lots of chat, laughter and some big hits too. They would be interested in having at least one extra table, possible two to allow more people to join in. It's just the sort of group that could get started in every community centre and village hall with a bit of support.

Please reply to Martin Hayman – mphayman@gmail.com by Monday 26 September. If you have any questions please call him on 07828 407492.

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Walk to School Week 3 – 7 October 2016

The annual October 2016 WTSW will take place w/c 3rd October. The supporting resource material will be sent direct from Living Streets to your local school w/c 26th September.

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Want to revolutionise travel for young people in Scotland

We have a new project starting which will be running between now and January 2017, looking at how young people in Scotland use transport and developing an innovative new service. This could be an app, a website platform, a new service or system! It is open to anyone between the ages of 16-25. If your group or some of your young people would like to take part or if you'd like any more info please feel free to get in touch.
<http://www.eurotransportmagazine.com/19953/news/industry-news/pickmix-project-travel-scotland/>

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COMMUNITY COUNCIL ELECTIONS 6 OCTOBER 2016

Nomination forms available now from East Lothian Council offices, libraries and sports centres or at www.eastlothian.gov.uk/elections

Call 01620 820183 or
Email elections@eastlothian.gov.uk

TIMETABLE

Publication of Notice of Election	Monday 29 August
Issue of Nomination Papers	Monday 29 August
Last day for lodging Nomination Papers	Thursday 15 Sept 4 pm
Last day for withdrawal of Nomination Papers	Thursday 15 Sept 4 pm
Publication of Notice of Poll and Statement of Nominees	Tuesday 20 Sept

Close of Poll Thursday 6 October 12 noon
Count ASAP after Close of Poll

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Weaning

Find out more information about introducing your baby to solid foods. Sessions delivered by community nutritionist Ruth Davie at the Pennypit Centre, Prestonpans

Tuesday, 4 October 2016 – 10.30 til 11.30
Tuesday, 1 November 2016 – 10.30 til 11.30
Tuesday, 6 December 2016 – 10.30 til 11.30

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Mental Health Week

East Lothian Youth council & Scottish Youth Parliament members and the group are promoting a Mental health week "Speak your mind" from the 10th October and are looking to have events in all the secondary schools .and youth projects across East Lothian



It is also world mental health day on the 10th

<https://www.mentalhealth.org.uk/campaigns/world-mental-health-day>

Some of the ideas..Resources for schools and youth clubs
<http://www.time-to-change.org.uk/resources-youth-professionals/free-resources>

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Bags of Help Greenspace Funding Applications Now Open - Info for Local Authorities

Do you know a local greenspace that needs improving in East Lothian Council? Do you want to run activities in your greenspaces or parks? Local authorities, community groups and organisations can all apply for Tesco Bags of Help funding!

Great news - in order to give Tesco customers a say much more frequently on where their money goes, the Tesco Bags of Help grant scheme is now permanently open for applications. Bags of Help will now see the money raised by the 5p bag charge in Tesco stores in England, Wales and Scotland opened up to a greater range of **projects that support community participation in the development and use of open spaces.**

Following a public vote in Tesco stores, three projects in each of the Tesco regions will receive a grant each month, with first place receiving up to £5K, second place up to £2K and third place up to £1K.

Bags of Help is administered by Groundwork, working in Scotland with greenspace scotland. **Full eligibility criteria and detailed application guidance is available online here** <http://bit.ly/bagsofhelp3>

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New National Telephone Number for Power Cuts



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DUNBAR:

Dunbar Carers Hub is on Wednesday afternoons 3-4 pm at Dunbar Library. Tel: 01368 866060

Singalong! – music and afternoon tea for people with dementia and carers. The Gibb Room, Bleachingfield Centre, every Tuesday 1pm

www.facebook.com/dementiafriendlydunbar/

NORTH BERWICK:

DF North Berwick joins with the NBC Area Partnership to become NB! The Club! It starts on 1st November 2pm at the Hope Rooms and then the first Tuesday of the month. Everyone is welcome. This is a group where everyone is welcome and people with dementia are very warmly welcomed. Contact Sue for more information.

sue@dfel.org.uk

Tea Dance – at the Hope Rooms, last Wednesday of the month, 2pm. Small charge applies

HADDINGTON:

Good Memories Cafe Next meets at 2pm on 23 September at the Star Room, John Gray Centre. All welcome!

www.johngraycentre.org/2015/02/17/good-memories-happy-afternoon-cafe-people-dementia/

TRANENT:

There are lots of activities for all ages at the Fraser Centre Tranent and the Centre is a great support for Dementia Friendly. Contact details: 3 Winton Pl, Tranent EH33 1AF
Phone: 01875 617444 <http://www.thefrasercentre.com>

Contact Dementia Friendly Tranent

www.facebook.com/Dementia-Friendly-Tranent-1676565895946403/

MUSSELBURGH:

Dementia Cafe Musselburgh (Alzheimer's Scotland) meets on the first Wednesday of every month from 11am to 2pm (lunch is available at 12.45pm, £4). A **Carer Support group** is available from 11.45am to 12.45pm which includes support for people with dementia.

www.alzscot.org/services_and_support/search/2409_d-caf_musselburgh

Dementia Friendly Musselburgh meets monthly after the cafe at 2.15pm.

Let's Sing now meets at The Fisherrow Community centre every Tuesday (except 18/10) 11 - 12.30pm. It's free.

Contact Penny at lets.sing.brunton@gmail.com

There are also many events and activities across East Lothian where people with dementia are welcomed.

Please see the DFEL website for information - www.dfel.org.uk

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OPEN MEETINGS – ALL WELCOME!

Dunbar & East Linton

14 November 2016, 7pm Bleachingfield Centre,
Dunbar

Sub Groups

Web/Events Database - Next meeting TBC

Children & Young People – Next meeting TBC

Fa'side

**25 October 2016, 7pm – 9pm Annual Meeting at
Ross High School Main Hall.**

8 November 2016, 7pm Venue tbc

Sub Groups

Active Travel - Next meeting TBC

Haddington & Lammermuir

**22 November 2016, 7pm Annual Meeting Town
House Haddington**

Sub Groups

Haddington Town Centre

Monday 26th September at 6.30pm in Fletcher Room,
Town House, Haddington

Children & Young People – 29th September at
10.00am in Council Chambers, Haddington

Musselburgh Area

(Held in Musselburgh East Community Learning Centre)

26 September 2016, 7pm

28 November 2016, 7pm

Sub Groups

Please contact musselburgh-ap@eastlothian.gov.uk for details of
next meetings

Budgets/Priorities

Communities Day

On The Move

North Berwick Coastal

(Held in the Hope Rooms, NB unless otherwise stated)

**11 October 2016, 7pm, Annual Public Meeting,
North Berwick High School**

1 November 2016, 7pm

Sub Groups

Communications - Next meeting TBC

On the Move

4 October 2016, 7pm

Older People's Network

22 Sept, 2pm, North Berwick Community Centre

17 October, 2pm, the Hope Rooms, North Berwick

NB Area Children & Youth Network

6 October, 4.15pm, NB High School

Preston Seton Gosford

(Held in the Pennypit Centre, Prestonpans)

21 September 2016, 7pm

16 November 2016, 7pm, Annual Public meeting

Sub Groups

Communications - Next Meeting TBC

On the Move

13 October 2016, 7pm Port Seton Community Centre

Children & Youth Network

22 September, 4.15pm Preston Lodge

27 October, 4.15pm Preston Lodge

24 November, 4.15pm Preston Lodge

East Lothian Partnership

Want to know what's going on across ELP? Visit

<http://www.eastlothian.gov.uk/elnews>

Or email fdawson@eastlothian.gov.uk to subscribe

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