

# Area Partnership FYI!

## Dunbar Traditional Music Festival

This runs from 23<sup>rd</sup> to the 26<sup>th</sup> September. A copy of the programme can be downloaded from the following site:-

<http://www.dunbarmusicfestival.co.uk/>

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\*\*\*\*\*Breaking News\*\*\*\*\*



East Lothian Area Partnerships are pleased to announce the launch of a new database for events and places to visit in East Lothian:

[www.whatsoneastlothian.com](http://www.whatsoneastlothian.com)

This web address will divert seamlessly to our new customised home page on "The List".

The List is a nationwide events database and is based in Edinburgh. As part of our contract with them, they have agreed to accept all East Lothian events whether large or small, provided all new postings are made via the whatsoneastlothian home page. They will moderate all postings on our behalf, so there are no ongoing maintenance or administration tasks for us to do. New postings take about 3 days before being cleared by a moderator on The List. This service is entirely free to the user. Our home page is scaleable, and will adjust automatically to the screen size whether viewed on a PC or a smartphone.

It is essential that all event organisers in the County are encouraged to post their events here. In that way, whatsoneastlothian.com will become a one-stop shop for all events in the County, for both locals and visitors.

Using the site is intuitive, however, there is a youtube video which explains step by step how to use the site both for searches and for new postings.

<https://www.youtube.com/watch?v=1rfNzDOKPYA&feature=youtu.be>

Submission deadline - 5.00pm Thursday

Tel: 01620 827871 / Email: [areapartnership@eastlothian.gov.uk](mailto:areapartnership@eastlothian.gov.uk) / @EastLothianAP

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**get2gether** is a small charity and we organise social events for adults with disabilities in Edinburgh and East Lothian.

Our next big event is a Karaoke and Disco night

**get2gether**  
KARAOKE  
DISCO NIGHTS  
WITH  
DIVA DAWN  
& DJ ANDY  
Friday:  
23 September  
28 October  
25 November  
16 December  
CRAIGMILLAR  
HEARTS  
COMMUNITY CLUB  
EH16 4DZ  
CALL 07867 179023  
INFO@GET2GETHER.ORG.UK

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## Community Council Elections 6 OCTOBER 2016

**Update:** 19 community councils will be formed without the need for elections but 1 community council (North Berwick) will require an election as the number of nominations received was more than the number of places available.

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## East Lothian Poverty Commission Stakeholder Event

**Thursday 6 October, 9.30 to 12.30**  
**Brunton Theatre, Musselburgh**

This event provides an opportunity to find out more about the work of the East Lothian Poverty Commission. The Commissioners will share their findings and initial recommendations and invite stakeholders to discuss and comment on their report before they finalise it.

To book a place at this event please email [povertycommission@eastlothian.gov.uk](mailto:povertycommission@eastlothian.gov.uk) or call 01620 827134 (Please let us know if you have any specific dietary, access or other requirements to allow you to fully participate in this event)

You can follow the work of the Poverty Commission on our Facebook Page 'East Lothian Poverty Commission'.

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## Family Munch and Crunch

Preston Seton & Gosford Support from the Start group invites you to 'munch and crunch' ideas on what makes a difference for parents and children in your community.



**Tuesday 27<sup>th</sup> September**  
**6pm – 7.30pm, Prestonpans Infants School**

Join us for a sandwich tea at 6pm in Prestonpans Infants. There will be a play session for children to allow parents to take crunch ideas in one or more of the discussion groups.

1. How does poverty impact on parents and children in our community and what can be done to help?
2. What makes a difference for children 3 and under in our community?
3. What makes a difference for four to eight year olds in our community?
4. What makes a difference to children's health & wellbeing in our community?
5. What makes a difference for parents in our community?

**All welcome** - Your view counts

This is open to all families of young children (under 8yrs) in the Preston Seton Gosford ward

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## Friends of Cuthill Park Tesco Bags of Help - Please vote for us!

**We are delighted that our project, the creation of a 'Woodland Learning Zone', will receive funding from the Tesco 'Bags of Help' scheme!**

The purpose of the Woodland Learning Zone is to facilitate natural play and learning in a woodland setting. We will be working with the East Lothian Council Ranger Service to ensure the area is as wildlife friendly as possible.

The public will now vote in store from **26 September to 9 October** on who should receive the £12,000, £10,000 and £8,000 awards. **How much Cuthill Park receives is up to the voters at Musselburgh Tesco!**

**£8,000** worth of funding could pay for:

- **Story circle seating**
- **A Storytelling Chair**
- **Interpretation Boards**
- **Fairy Doors and Windows**

**£10,000** worth of funding could also commission a bespoke **entrance way** to the Woodland Learning Zone. Can you imagine how exciting that would be for young visitors to the park?!

**£12,000 (the top award)** would enable us to purchase and install a **sculpture** within the woodland area.

Volunteers have already worked hard to prepare the groundwork for this project - we are so excited that it is finally going to happen!

<http://cuthillpark.blogspot.co.uk/2014/06/work-begins-on-wildlife-area.html>

### How you can help

#### 1 - Vote!

Next time that you are in **Musselburgh Tesco**, please consider voting for the Friends of Cuthill Park's Woodland Learning Zone project!

#### 2 - Volunteer!

The more volunteers we have, the more we can achieve, so please get in touch if you would like to be involved - [friendsofcuthillpark@hotmail.com](mailto:friendsofcuthillpark@hotmail.com)

#### 3 - Tell others!

You can spread the word about the project by joining our Thunderclap -

<https://www.thunderclap.it/projects/46855-please-vote-for-us-at-tesco>

## Walk to School Week 3 – 7 October 2016

The annual October 2016 WTSW will take place w/c 3<sup>rd</sup> October. The supporting resource material will be sent direct from Living Streets to your local school w/c 26<sup>th</sup> September.

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## GO4FUN "A fun way to health"

Go4fun project a free weekly programme held at the Pennypit 5 Aside Complex. It is funded through cashback for communities and is a free programme of activities held during the school term. All activities are free and provide water and a healthy snack.

Contact Karman Brown for details and consent forms.  
Tel: 07468 612477

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## Have your say on Play in East Lothian!

We want to find out what you think about opportunities to play in East Lothian. Our survey is for adults and children and is open from **August 3<sup>rd</sup> until 30<sup>th</sup> September 2016**. We'll use your responses to help us develop our Play Policy for East Lothian.

[https://eastlothianconsultations.co.uk/education/play-strategy-draft/consult\\_view](https://eastlothianconsultations.co.uk/education/play-strategy-draft/consult_view)

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## Table Tennis in the Community

We have been given the opportunity by the Big Lottery to apply for up to £50,000 as part of their annual Peoples Project Scheme. This is a fantastic opportunity for us to widen the scope of what we are doing. Effectively it would enable us to do everything in our 5 year plan but in one go. This would enable us to supply equipment and coaching support to venues all over East Lothian including community centres and sheltered housing. At this stage we are looking to gather information on the venues that could accommodate regular play so that we are able to build a strong case. Are you able to ask colleagues in our Area Partnerships for feedback from their respective areas? Any help you can provide in getting the message out would be appreciated. As an example, I attended the over 60s group in Longniddry this week. They have 16 members, most I suspect over 70. They currently play on 2 tables, stopping for tea and cake mid-session. It was great with lots of chat, laughter and some big hits too. They would be interested in having at least one extra table, possible two to allow more people to join in. It's just the sort of group that could get started in every community centre and village hall with a bit of support.

Please reply to Martin Hayman – [mphayman@gmail.com](mailto:mphayman@gmail.com) by Monday 26 September. If you have any questions please call him on 07828 407492.

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## Weaning

Find out more information about introducing your baby to solid foods. Sessions delivered by community nutritionist Ruth Davie at the Pennypit Centre, Prestonpans

Tuesday, 4 October 2016 – 10.30 til 11.30  
Tuesday, 1 November 2016 – 10.30 til 11.30  
Tuesday, 6 December 2016 – 10.30 til 11.30

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## Mental Health Week

East Lothian Youth council & Scottish Youth Parliament members and the group are promoting a Mental health week "Speak your mind" from the 10<sup>th</sup> October and are looking to have events in all the secondary schools and youth projects across East Lothian



It is also world mental health day on the 10<sup>th</sup>

<https://www.mentalhealth.org.uk/campaigns/world-mental-health-day>

Some of the ideas..Resources for schools and youth clubs  
<http://www.time-to-change.org.uk/resources-youth-professionals/free-resources>

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## Bags of Help Greenspace Funding Applications Now Open

Bags of Help is administered by Groundwork, working in Scotland with greenspace scotland. **Full eligibility criteria and detailed application guidance is available online here** <http://bit.ly/bagsofhelp3>

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## New National Telephone Number for Power Cuts



### DUNBAR:

**Dunbar Carers Hub** is on Wednesday afternoons 3-4 pm at Dunbar Library. Tel: 01368 866060

**Singalong!** – music and afternoon tea for people with dementia and carers. The Gibb Room, Bleachingfield Centre, every Tuesday 1pm

[www.facebook.com/dementiafriendlydunbar/](http://www.facebook.com/dementiafriendlydunbar/)

### NORTH BERWICK:

**DF North Berwick** joins with the NBC Area Partnership to become NB! The Club! It starts on 1<sup>st</sup> November 2pm at the Hope Rooms and then the first Tuesday of the month. Everyone is welcome. This is a group where everyone is welcome and people with dementia are very warmly welcomed. Contact Sue for more information.

[sue@dfel.org.uk](mailto:sue@dfel.org.uk)

**Tea Dance** – at the Hope Rooms, last Wednesday of the month, 2pm. Small charge applies

### HADDINGTON:

**Good Memories Cafe** Next meets at 2pm on 23 September at the Star Room, John Gray Centre. All welcome!

[www.johngraycentre.org/2015/02/17/good-memories-happy-afternoon-cafe-people-dementia/](http://www.johngraycentre.org/2015/02/17/good-memories-happy-afternoon-cafe-people-dementia/)

### TRANENT:

There are lots of activities for all ages at the Fraser Centre Tranent and the Centre is a great support for Dementia Friendly. Contact details: 3 Winton Pl, Tranent EH33 1AF

Phone: 01875 617444 <http://www.thefrasercentre.com>

Contact Dementia Friendly Tranent

[www.facebook.com/Dementia-Friendly-Tranent-1676565895946403/](http://www.facebook.com/Dementia-Friendly-Tranent-1676565895946403/)

### MUSSELBURGH:

**Dementia Cafe Musselburgh** (Alzheimer's Scotland) meets on the first Wednesday of every month from 11am to 2pm (lunch is available at 12.45pm, £4). A **Carer Support group** is available from 11.45am to 12.45pm which includes support for people with dementia.

[www.alzscot.org/services\\_and\\_support/search/2409\\_d-caf\\_musselburgh](http://www.alzscot.org/services_and_support/search/2409_d-caf_musselburgh)

**Dementia Friendly Musselburgh** meets monthly after the cafe at 2.15pm.

**Let's Sing** now meets at The Fisherrow Community centre every Tuesday (except 18/10) 11 - 12.30pm. It's free.

Contact Penny at [lets.sing.brunton@gmail.com](mailto:lets.sing.brunton@gmail.com)

There are also many events and activities across East Lothian where people with dementia are welcomed.

Please see the DFEL website for information -

[www.dfel.org.uk](http://www.dfel.org.uk)

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# OPEN MEETINGS – ALL WELCOME!

## Dunbar & East Linton

### NOTE NEW DATE

29 November 2016, 7pm Bleachingfield Centre,  
Dunbar

### Sub Groups

Web/Events Database - Next meeting TBC

Children & Young People – Next meeting TBC

## Fa'side

25 October 2016, 7pm – 9pm Annual Meeting at  
Ross High School Main Hall.

8 November 2016, 7pm Venue tbc

### Sub Groups

Active Travel - Next meeting TBC

## Haddington & Lammermuir

22 November 2016, 7pm Annual Meeting Town  
House Haddington

### Sub Groups

Haddington Town Centre

Monday 26<sup>th</sup> September at 6.30pm in Fletcher Room,  
Town House, Haddington

Children & Young People – 29<sup>th</sup> September at  
10.00am in Council Chambers, Haddington

## Musselburgh Area

(Held in Musselburgh East Community Learning Centre)

26 September 2016, 7pm

28 November 2016, 7pm

### Sub Groups

Please contact [musselburgh-ap@eastlothian.gov.uk](mailto:musselburgh-ap@eastlothian.gov.uk) for details of  
next meetings

Budgets/Priorities

Communities Day

On The Move

## North Berwick Coastal

(Held in the Hope Rooms, NB unless otherwise stated)

11 October 2016, 7pm, Annual Public Meeting,  
North Berwick High School

1 November 2016, 7pm

### Sub Groups

Communications - Next meeting TBC

On the Move

4 October 2016, 7pm

Older People's Network

17 October, 2pm, the Hope Rooms, North Berwick

NB Area Children & Youth Network

6 October, 4.15pm, NB High School

## Preston Seton Gosford

(Held in the Pennypit Centre, Prestonpans)

16 November 2016, 7pm, Annual Public meeting

### Sub Groups

Communications - Next Meeting TBC

On the Move

13 October 2016, 7pm Port Seton Community Centre

Children & Youth Network

27 October, 4.15pm Preston Lodge

24 November, 4.15pm Preston Lodge

## East Lothian Partnership

Want to know what's going on across ELP? Visit

<http://www.eastlothian.gov.uk/elpnews>

Or email [fdawson@eastlothian.gov.uk](mailto:fdawson@eastlothian.gov.uk) to subscribe

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