

# Area Partnership FYI!

## Want to revolutionise travel for young people in Scotland

We have a new project starting which will be running between now and January 2017, looking at how young people in Scotland use transport and developing an innovative new service. This could be an app, a website platform, a new service or system!

The flyer attached has all the info you should need. We thought this might be something that would interest the young people you work with and we'd love to get them involved. It is open to anyone between the ages of 16-25. **if your group or some of your young people would like to take part.** If you'd like any more info please feel free to get in touch.

Want to revolutionise travel for young people in Scotland?

What?



The Pick&Mix project will explore how young people in Scotland use public transport with the potential to develop a digital service, designed with young people, for young people. It aims to improve how you relate to, use, and combine travel options and transport services to meet your lifestyle needs.

When?



Between September 2016 and January 2017, kicking off with an open weekend event on the **23<sup>rd</sup> September 3:30pm until 25<sup>th</sup> September 4pm** where everyone involved will meet up.

Where?



The first meeting will be at the Young Scot Office in Edinburgh but the project will cover areas across Scotland.

Interested?



Aged 16-25? Please email Toni at [codesign@young.scot](mailto:codesign@young.scot) with:

- your name
- age
- where you're from

If you can't attend the full weekend, that's ok, we'd still love to have you take part in as much as you can!



*We'll be covering all your travel, food & accommodation costs over the project!*

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## GO4FUN



"A fun way to health"

Free Weekly Go4Fun Programme →

Age 10+		
Day	Activity	Times
Tuesday	Football	6.00-7.00pm
Friday	Mixed Games	1.00-3.00pm
Age 14+		
Day	Activity	Times
Tuesday	Fitness/circuits	7.00pm-8.00pm
Friday	Thai boxing	3.00pm- 4.00pm

The club will be held at the Pennypit 5 A side Complex. This club is free of charge and will run throughout the year during the school term. Water and fruit will be provided.  
Please fill out and return the permission form and hand back as soon as possible





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## Bags of Help Greenspace Funding Applications Now Open - Info for Local Authorities

**Do you know a local greenspace that needs improving in East Lothian Council? Do you want to run activities in your greenspaces or parks? Local authorities, community groups and organisations can all apply for Tesco Bags of Help funding!**

Great news - in order to give Tesco customers a say much more frequently on where their money goes, the Tesco Bags of Help grant scheme is now permanently open for applications. Bags of Help will now see the money raised by the 5p bag charge in Tesco stores in England, Wales and Scotland opened up to a greater range of **projects that**

**Submission deadline - 5.00pm Thursday**

**Tel: 01620 827871 / Email: [areapartnership@eastlothian.gov.uk](mailto:areapartnership@eastlothian.gov.uk) / @EastLothianAP**  
**Area Partnership information can be found here: [www.eastlothian.gov.uk/areapartnerships](http://www.eastlothian.gov.uk/areapartnerships)**

## support community participation in the development and use of open spaces.

Following a public vote in Tesco stores, three projects in each of the Tesco regions will receive a grant each month, with first place receiving up to £5K, second place up to £2K and third place up to £1K.

Bags of Help is administered by Groundwork, working in Scotland with greenspace scotland. **Full eligibility criteria and detailed application guidance is available online here** <http://bit.ly/bagsofhelp3>

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## Big Conversation 2 Over to You

Join us on the 3rd October 2016 at the Brunton Hall, Musselburgh for our next

### Big Conversation.

The event will be shaped by an input from [Professor Brendan McCormack](#) from QMU and hosted by [Iain Shaw](#) from [Media Education](#). Media Education helps people share their experiences through radio and video production, creating positive change in their lives and communities. Its mantra is that people are the experts on their own lives.

This time we are going to use the characters of Hannah, Scott and Callum from the [East Lothian Health and Social Care Partnership's Strategic Plan 2016-2019](#) to stimulate discussion both at the event and beyond.

This exciting and stimulating event will give you the opportunity to talk and listen, share ideas and experiences and search for realistic, co-produced solutions that will encourage all of us to be more actively involved in our own wellbeing and the wellbeing of others.

To do this, actors will be portraying Hannah, Scott and Callum live throughout the event to promote active and enjoyable participation. You've read all about them—now meet them in the flesh! We will be recording key elements of the event on audio and film to add to the range of resources available for follow-up activities.

**Brunton Hall  
Musselburgh  
EH21 6AF**

**3 October 2016—9am to 4pm**

**(including lunch, Luminare launch and much, much more)**

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## New National Telephone Number for Power Cuts



About what "105" is and what will be available to you.

Key points to note about this service are:

- Dialling 105 will put customers through to their local electricity network operator – the company that manages the cables, power lines and substations that deliver electricity into homes and businesses in their area.
- 105 is just one of the ways that customers can contact their electricity network operator. They can also contact them by phone or via their website, and most network operators are on social media too.
- 105 is a free service for people in England, Scotland and Wales.
- Customers can call 105 no matter who they choose to buy electricity from.
- Customers can also call 105 if they spot damage to electricity power lines and substations that could put anyone in danger. If there's a serious immediate risk, they should call the emergency services too.

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## Raising Children with Confidence

Venue: Knox Academy (Course & Crèche)  
Date: Friday mornings from 23<sup>rd</sup> Sept – 11<sup>th</sup> Nov.  
Free course for parents and carers. Crèche available.  
\*\*Introduction Week on 23/09/16\*\*  
Book via Angela @ Home-Start. ☎01875 616066.  
✉angela@homestarteastlothian.co.uk

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## North Berwick Sports Hub Festival of Sport

Sunday 11<sup>th</sup> September 2 til 4pm



**North Berwick  
Festival of Sport**  
*COME & TRY IT*

**RUGBY  
BADMINTON NETBALL  
DISC GOLF HOCKEY  
CRICKET FOOTBALL  
KAYAK BASKETBALL**

2-4pm Sunday  
September 11<sup>th</sup>

**FUN FOR ALL**  
NB SPORTS CENTRE

WWW.ACTIVEEASTLOTHIAN.CO.UK

ACTIVE EAST LOTHIAN

East Lothian Council

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### Table Tennis in the Community

We have been given the opportunity by the Big Lottery to apply for up to £50,000 as part of their annual Peoples Project Scheme. This is a fantastic opportunity for us to widen the scope of what we are doing. Effectively it would enable us to do everything in our 5 year plan but in one go. This would enable us to supply equipment and coaching support to venues all over East Lothian including community centres and sheltered housing. At this stage we are looking to gather information on the venues that could accommodate regular play so that we are able to build a strong case. Are you able to ask colleagues in our Area Partnerships for feedback from their respective areas? Any help you can provide in getting the message out would be appreciated. As an example, I attended the over 60s group in Longniddry this week. They have 16 members, most I suspect over 70. They currently play on 2 tables, stopping for tea and cake mid-session. It was great with lots of chat, laughter and some big hits too. They would be interested in having at least one extra table, possible two to allow more people to join in. It's just the

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sort of group that could get started in every community centre and village hall with a bit of support.

Please reply to Martin Hayman – [mphayman@gmail.com](mailto:mphayman@gmail.com) by Monday 26 September. If you have any questions please call him on 07828 407492.

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### Mental Head Week

East Lothian Youth council & Scottish Youth Parliament members and the group are promoting a Mental health week "[Speak your mind](#)" from the 10<sup>th</sup> of October and are looking to have events in all the secondary schools ..and youth projects across East Lothian



It is also world mental health day on the 10<sup>th</sup>

<https://www.mentalhealth.org.uk/campaigns/world-mental-health-day>

Some of the ideas..Resources for schools and youth clubs  
<http://www.time-to-change.org.uk/resources-youth-professionals/free-resources>

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### Walk to School Week 3<sup>rd</sup> – 7<sup>th</sup> October

The annual October 2016 WTSW will take place w/c 3<sup>rd</sup>- 7<sup>th</sup> October. The supporting resource material, will be sent direct from Living Streets to your local school w/c 26<sup>th</sup> September.

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### Dementia Friendly North Berwick

Helping people with dementia to live well in our town

**Saturday 10<sup>th</sup> September 11am – 1pm**

**High Street, North Berwick**

(between St Andrew Blackadder Church and the Cancer charity shop)

Alzheimer Scotland information bus; street stall with balloons, bookmarks and car stickers to give away;  
People to talk to about how to help those with Dementia and their carers live well in our community

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east lothian tenants and residents panel

**Annual Conference 2016**

**Wednesday 14<sup>th</sup> September, 6.30-8.30pm  
at Port Seton Community Centre**

Cllr Norman Hampshire will launch the 2016+ Tenant Participation Strategy

East Lothian Council, working with ELTRP, aims to make tenant participation accessible and inclusive to all tenants. We promote participation, develop scrutiny and empower tenants. *Are we achieving our aims?* Come along, give us your feedback, hear about the new strategy and find out what our tenants groups have been doing this past year.

**Presentations from:**

- Muirpark & Steading View TRA – the ‘APOGI’ project
- Wingate TRA – ‘Helping Hands’

Refreshments and buffet available!

**Book your place now, contact the ELTRP office -**

T: 0131 665 9304

E: [tenantpanel@hotmail.com](mailto:tenantpanel@hotmail.com)

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## East Lothian Community Hospital Project Update Public Events

**15 September 2016, 5.00 - 6.30pm**

Town House, Haddington

Construction could start on the new hospital as early as Autumn 2016 and you are invited to join us to hear about the proposed schedule of building works. Your views have been key in the development to date and we are keen to keep you up to date and informed about current progress.

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## COMMUNITY COUNCIL ELECTIONS 6 OCTOBER 2016

Nomination forms available now from East Lothian Council offices, libraries and sports centres or at [www.eastlothian.gov.uk/elections](http://www.eastlothian.gov.uk/elections)

Call 01620 820183 or

Email [elections@eastlothian.gov.uk](mailto:elections@eastlothian.gov.uk)

**Closing date for nominations 15 September 2016**

**TIMETABLE**

Publication of Notice of Election	Monday 29 August
Issue of Nomination Papers	Monday 29 August
Last day for lodging Nomination Papers	Thursday 15 Sept 4 pm
Last day for withdrawal of Nomination Papers	Thursday 15 Sept 4 pm
Publication of Notice of Poll and Statement of Nominees	Tuesday 20 Sept

**Close of Poll Thursday 6 October 12 noon**

**Count ASAP after Close of Poll**

**Submission deadline - 5.00pm Thursday**

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## Edinburgh Airport Airspace Change Programme

The first phase of Edinburgh Airport’s Airspace Change Programme (ACP) consultation has now reached its mid-way point. This means that just over four weeks remain for formal responses to be submitted before the deadline of **23:59 on 12<sup>th</sup> September 2016**.

During this initial consultation phase, we’re seeking your views on the potential impact of altering flight paths above central Scotland. We would like you to tell us: “What local factors should be taken into account when determining the position of the route within the corridor given the potential impacts, and why?”

Once all the feedback has been received, it will be reviewed and used to determine precise flight paths in consultation with NATS and the Civil Aviation Authority (CAA). A second 12-week consultation process will then seek feedback on these routes. This feedback will be used to determine Edinburgh Airport’s Airspace Change Proposal which will be presented to the Civil Aviation Authority.

As you will have gathered, this is a very detailed process and I want to make sure you have all the information you need to be able to feed back during both consultation phases. We have developed an interactive website **letsgofurther.com**, which gives information and allows you to check how your postcode may be affected and to formally respond to the consultation.

We have also ran television and newspaper advertising campaigns, and a mailbox drop has been carried out to all EH, KY and FK postcodes, signposting people to the letsgofurther.com website. Written feedback can also be sent to: Edinburgh Airport, PO Box 17473, EDINBURGH, EH12 1ND.

The Airspace Change Programme consultation is being run in accordance with the Civil Aviation Authority’s CAP725 Airspace Change Guidance and we have also commissioned a Quality Assurance on the process by the Consultation Institute ([consultationinstitute.org](http://consultationinstitute.org)).

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**Do you have passion, drive and determination?  
Want to make a real impact on the lives of local  
people? Interested in Sport and Physical Activity?**

Your Community Sport Hub is looking for a highly skilled and motivated Chairperson to shape the future of community sport in your area. You will lead a formalised group of likeminded club leaders to improve participation in sport, improve the quality of coaching we provide and

help create Vibrant, Visual and Viable Community Clubs. This is an unpaid role however you will be rewarded in the knowledge you are making a big difference to the lives of local people and keeping our communities active and healthy.

For more information and to note your interest please email [bbarsanti@eastlothian.gov.uk](mailto:bbarsanti@eastlothian.gov.uk)

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## Mental Health in Scotland A 10 year vision

Health Scotland and Young Scot are hosting 4 half day interactive engagement events across Scotland to gather views and help with your own responses to the Scottish Government's 10 year vision to transform mental health. These events will be of interest to young people and adults with lived experience, their carers as well as those commissioning and providing services.

Details of the dates and locations of these events are set out in the attached flyer – to register, go to:

<https://mentalhealthstrategyevents.eventbrite.co.uk>

Details of the consultation can be found here:

<https://consult.scotland.gov.uk/mental-health-unit/mental-health-in-scotland-a-10-year-vision>

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## Have your say on Play in East Lothian!

We want to find out what you think about opportunities to play in East Lothian. Our survey is for adults and children and is open from **August 3<sup>rd</sup> until 30<sup>th</sup> September 2016**. We'll use your responses to help us develop our Play Policy for East Lothian.

[https://eastlothianconsultations.co.uk/education/play-strategy-draft/consult\\_view](https://eastlothianconsultations.co.uk/education/play-strategy-draft/consult_view)

We look forward to hearing your views. Please share this survey with others too!

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## Weaning

Find out more information about introducing your baby to solid foods:

**Menu Planning; Weaning Stages; Recipe Ideas;  
Finger Foods, Snack Ideas; Allergy Information;  
Portion Sizes**

Sessions delivered by community nutritionist Ruth Davie at the Pennypit Centre, Prestonpans

Tuesday, 4 October 2016 – 10.30 til 11.30  
Tuesday, 1 November 2016 – 10.30 til 11.30  
Tuesday, 6 December 2016 – 10.30 til 11.30

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## 'Paths in the Fa'side Area' Leaflet Launch

The leaflets are available from local libraries, and can be downloaded from Fa'side Area Partnership's website at:

[www.eastlothian.gov.uk/info/200526/faside/1760/faside\\_area\\_partnership/4](http://www.eastlothian.gov.uk/info/200526/faside/1760/faside_area_partnership/4)

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## U.Lab MOOC (Massive Open Online Course) FREE COURSE STARTING IN DUNBAR

WHEN: Weekly Thurs 8 Sept to Thurs 27 Oct 2016

WHERE: Sustaining Dunbar offices, Station Road,  
Dunbar

Participants can register at Eventbrite:

<https://www.eventbrite.co.uk/e/ulab-hub-in-dunbar-tickets-27314579643>

Find out more about U.Lab here:

<https://www.edx.org/course/u-lab-leading-emerging-future-mitx-15-671-1x#!>

Submission deadline - 5.00pm Thursday  
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**DUNBAR:**

**Dunbar Carers Hub** is now Wednesday afternoons 3-4 pm at Dunbar Library. Tel: 01368 866060

**Singalong!** – music and afternoon tea for people with dementia and carers. The Gibb Room, Bleachingfield Centre, every Tuesday 1pm

[www.facebook.com/dementiafriendlydunbar/](http://www.facebook.com/dementiafriendlydunbar/)

**NORTH BERWICK:**

**DF North Berwick** meets the first Tuesday of the month, 2pm at the Hope Rooms. Everyone Welcome!

[sue@dfel.org.uk](mailto:sue@dfel.org.uk)

From 1 November the Good Cuppa Drop in the Hope Rooms will become NB! The Club. still meeting from 2pm first Tuesday of the month but now open to everyone of all ages who wants to make friends and drop in for a cuppa and some activities. If you'd like to help, please get in touch.

**Tea Dance** – at the Hope Rooms, last Wednesday of the month, 2pm. Small charge applicable

**HADDINGTON:**

**Good Memories Cafe** meets last Friday of the month at 2pm, the Star Room, John Gray Centre

[www.johngraycentre.org/2015/02/17/good-memories-happy-afternoon-cafe-people-dementia/](http://www.johngraycentre.org/2015/02/17/good-memories-happy-afternoon-cafe-people-dementia/)

**TRANENT:**

There are lots of activities for all ages at the Fraser Centre Tranent and the Centre is a great support for Dementia Friendly. Contact details: 3 Winton Pl, Tranent EH33 1AF  
**Phone:** 01875 617444 <http://www.thefrasercentre.com>

Contact Dementia Friendly Tranent

[www.facebook.com/Dementia-Friendly-Tranent-1676565895946403/](http://www.facebook.com/Dementia-Friendly-Tranent-1676565895946403/)

**MUSSELBURGH:**

**Dementia Cafe Musselburgh** (Alzheimer's Scotland) meets on the first Wednesday of every month from 11am to 2pm (lunch is available at 12.45pm, £4). A **Carer Support group** is available from 11.45am to 12.45pm which includes support for people with dementia.

[www.alzscot.org/services\\_and\\_support/search/2409\\_d-caf\\_musselburgh](http://www.alzscot.org/services_and_support/search/2409_d-caf_musselburgh)

**Dementia Friendly Musselburgh** meets monthly after the cafe at 2.15pm.

**Let's Sing** now meets at The Fisherrow Community centre every Tuesday (except 18/10) 11 - 12.30pm. It's free.

Contact Penny at [lets.sing.brunton@gmail.com](mailto:lets.sing.brunton@gmail.com)

There are also many events and activities across East Lothian where people with dementia are welcomed.

Please see the DFEL website for information -

[www.dfel.org.uk](http://www.dfel.org.uk)

**Submission deadline - 5.00pm Thursday**

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# OPEN MEETINGS – ALL WELCOME!

## Dunbar & East Linton

5 September 2016, 7pm Bleachingfield Centre,  
Dunbar  
14 November 2016, 7pm Bleachingfield Centre,  
Dunbar

### *Sub Groups*

**Web/Events Database** - Next meeting TBC

**Children & Young People** – Next meeting TBC

## Fa'side

**13 September 2016, 7pm - date moved**  
**25<sup>TH</sup> October 2016, 7pm – 9pm Annual Meeting at**  
**Ross High School Main Hall.**  
8 November 2016, 7pm Venue tbc

### *Sub Groups*

**Active Travel** - Next meeting TBC

## Haddington & Lammermuir

**22<sup>nd</sup> November 2016, 7pm Annual Meeting Town**  
**House Haddington**

### *Sub Groups*

**Haddington Town Centre**  
Monday 26<sup>th</sup> September at 6.30pm in Fletcher Room,  
Town House, Haddington

**Children & Young People** – 29<sup>th</sup> September at  
10.00am in Council Chambers, Haddington

## Musselburgh Area

(Held in Musselburgh East Community Learning Centre)

26 September 2016, 7pm  
28 November 2016, 7pm

### *Sub Groups*

Please contact [musselburgh-ap@eastlothian.gov.uk](mailto:musselburgh-ap@eastlothian.gov.uk)  
for details of next meetings

**Budgets/Priorities**  
**Communities Day**  
**On The Move**

## North Berwick Coastal

(Held in the Hope Rooms, NB unless otherwise stated)

**11 October 2016, 7pm, Annual Public Meeting**  
1 November 2016, 7pm Venue tbc

### *Sub Groups*

**Communications** - Next meeting TBC

### *On the Move*

4 October 2016, 7pm

### *Older People's Network*

22 Sept, 2pm, North Berwick Community Centre  
17 October, 2pm, North Berwick Community Centre

### *NB Area Children & Youth Network*

6 October, 4.15pm, NB High School

## Preston Seton Gosford

(Held in the Pennypit Centre, Prestonpans)

21 September 2016, 7pm  
**16 November 2016, 7pm, Annual Public meeting**

### *Sub Groups*

**Communications** - Next Meeting TBC

**On the Move** - Next Meeting TBC

### *Children & Youth Network*

22 September, 4.15pm Preston Lodge  
27 October, 4.15pm Preston Lodge  
24 November, 4.15pm Preston Lodge

### East Lothian Partnership

Want to know what's going on across ELP? Visit  
<http://www.eastlothian.gov.uk/elnews>  
Or email [fdawson@eastlothian.gov.uk](mailto:fdawson@eastlothian.gov.uk) to subscribe

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