

Hello! If you are self isolating we can help

Spott Community Association in conjunction with East Lammermuir Community Council are here for you in this time of uncertainty as we face the effects of COVID-19 together. We are local people here to help you.

Please email: covidresponders@spottvillage.org.uk or

Phone/txt [07515116907](tel:07515116907) (Carey Douglas) or [07814051289](tel:07814051289) (Anne Lyall)

if you require help with:

Picking up shopping

Urgent supplies

Posting mail

Information & advice

A friendly phone call

'individually we can contribute, collectively we can make a lasting difference'

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep.