

ELCC meeting – Tuesday, 23rd February 2021

19.30 by Webex

1 - Present and apologies

Present Community Councillors Colin Bloomfield (minutes), Janette MacDonald, Cris Thacker, Anne Lyall, Janice Hanvidge, Chris Bruce (Chair), Julia Harrison

Apologies Donna Collins

Visitors In attendance - (part meeting)

David Hogg, Tom Lynch - Dunbar Medical Practice

Louisa Richardson, Carol Orr – Community Links workers East Linton and Dunbar

Audrey Murray – Enjoy Leisure

2 - Approval of previous Minute

Minutes from 25th November 2020 were approved. Proposed Chris B , Seconded Julia H.

3. Exercise on Referral

Janette MacD introduced the purpose of this part of the meeting was to introduce our GPs and link workers to Audrey Murray (Enjoy Leisure). It was hoped the Dunbar practice could give an idea of what service they require, and for Enjoy Leisure to explain what they can and cannot provide.

Chris B explained the role of ELCC would be to primarily to act in the role of funder, depending on the magnitude of costs. Since Covid, ELCC had started to consider funding areas other than traditional asset based projects, and had started to explore more potential funding of areas around the wellbeing of East Lammermuir residents.

Tom Lynch (Whitesands, Dunbar) explained there are quite a number of factors – identification of the sort of number of people requiring this type of service, and the type of person likely to benefit. The practice had been considering the requirements for a trial, and felt the more streamlined and accessible a service can be was an important factor in making it successful. The Link Worker service was very new.

David Hogg commented that there were are other exercise on referral type programmes already established and available in many other parts of Scotland. A new service could be modelled on MidLothians Health & Social Care Partnership's Active Choices. Active Choices offers 12 week programmes at a cost of £2.30 per week to the patient – the funding gap is generally funded by the Health & Social Care Social Partnership.

Carol Orr commented that the aim of the Links role was to put people in contact with the right service or facilities for them, but also to follow through and check that people get

what they need from the relevant service – an important feedback loop to improve the success rate of the program.

Audrey Murray explained Enjoy Leisure deliver the 'Move More' physical activity referral program in partnership with East Lothian Council and Macmillan Cancer Support. Audrey explained that activity based programs are a key aspect of Enjoy Leisure. As an example, a 12 swim session costs around £42.50, but these costs vary depending on the type of activity.

Janice H explained that one of the aims was to gather enough information to enable ELCC to work out if we can fund a trial program, and if so the length of contract time that is feasible. David H hazarded a rough guess they expected 6-8 referrals a week perhaps once the service was up and running. It was key that any service is sustainable over a prolonged period.

D Hogg suggested ELCC could work directly with our Links workers to develop a plan going forward, incorporating input from Enjoy Leisure. Further discussions regarding a trial and an appropriate budget for that trial evaluation would follow on from this (**Janette McD and Janice H** would follow up post meeting to try to find more info about Midlothian's existing 'Active Choices' in conjunction with Carol Orr)

Audrey Murray commented that currently, the MacMillan Trust effectively provide a person paid by them to run the services for cancer patients. Currently Enjoy Leisure can provide up to 3 qualified instructors for that service. The effectiveness of the service is evaluated after 3,6 and 12 months for each participant. MacMillan also hold regular stakeholder meetings, but this is specific to their requirements. Currently because of Covid, existing gym facilities are shut and most staff are on furlough – probably at least to April. Owing to the very reduced operations currently, if a proposed model of numbers/type of services required could be developed, Enjoy Leisure could then provide a cost estimate.

David H suggested there may be other areas (e.g. Midlothian), that have already done this with community funding involvement, so may well be worth investigating to avoid re-inventing things. There was a brief discussion on Midlothian moving towards 'green prescribing' - using open spaces as alternative venues because of social distancing requirements.

4. Actions from Previous minutes

CT would contact Ross Grieve to explain to the Dunbar GP's the concepts and priorities of Wellbeing workers (**Action CT**).

5. Matters arising not featuring elsewhere on Agenda

Pinkertons – no update available currently. Anne L confirmed nothing else had been reported since the last meeting.

CT commented that construction traffic (probably for the Crystal Rigg substation) had been noticed speeding, Julia H commented this was a regular issue raised at the weekly liaison meetings, and it helps if reports identify which haulage company's wagons are involved.

Training for self-employed care workers – Janice H had contacted Norman H. and a response was awaited.

6. Treasurer's Report

The Covid-19 Community Support Fund is currently £21,390.58, with one application since the previous meeting, bringing the number of applications received to 15.

7. Covid-19 Support

Stenton Covid Support system was still operating but used mainly for one resident.

Oldhamstocks CA had asked whether the Covid support mobile number was still required. Should the mobile contract be cancelled, Janice Hanvidge will use her own mobile to cover any ongoing covid support for the area.

Spott had no requests since the first lockdown.

8. Councillors Issues

Innerwick – a large slurry pit was a concern – as it was agricultural use, specific planning permission was not required. Donna/ Julia to clarify in due course.

Stenton – potholes in local roads a bad issue. A number have been reported. The Chestnut tree in the Church carpark needs attention. A van that had been in the same carpark for a number of months had also been reported to the police.

Anne L questioned whether poor broadband could be improved, Colin B commented that a first contact should be to BT Community Fibre project (if it's still running from a few years ago) who contact Openreach for an upgrade quote for the area.

AL commented Spott has been granted £9600 lottery funding for a Engagement Worker to look at community re-engagement and recovery post-Covid. Half the money is for the person and half for the workshops etc that will be provided for about a year.

AL commented a Village Hall community networking group had been set up by Sustaining Dunbar – various Halls including Tynninghame had joined.

Chris B reported that someone in Oldhamstocks had applied for a cold weather payment but had been rejected because Oldhamstocks area has some non- EH postcodes. He had contacted N Hampshire for advice on how to get the system corrected.

9. Liaison Meetings

AL and JH attended the Resilience Meeting on the 16th Feb. Info to be circulated in due course. Vaccinations were mentioned – initially many were in Edinburgh but this situation has now improved and are more local.

Dunbar and East Linton Partnership – Anne reported back from 25th January meeting – main info was regarding the employment of the new Community Link Workers. – relevant info from meeting would be circulated in due course.

Viridor Recycling meeting had occurred in November – nothing further has happened since then.

Tarmac Liaison – David Mumford has attended the Liaison meetings. Cllr Bruce would make contact for an update. (**Action CB**).

Dunbar & East Linton Health and Wellbeing Group. Janice H would be representing ELCC on this forum on 8th March meeting.

10. Planning Applications

Previously distributed as normal to relevant councillors

11. Communications

Nothing to report

12. Dates of Next Meetings

30 March - proposed visitors will be:

Claire Duffy – SPEN Eastern Link / National Grid – future works affecting East Lammermuir

Gary Donlin, SSE (Berwick Bank Development).

4th May – Funding meeting prior at 18.00

8th June

24th August

14th September

26th October

16th November - Funding meeting prior at 18.00